

## Chronic Conditions List

The Chronic Disease List (CDL) provides cover for the 27 listed chronic conditions for which medical schemes must cover the diagnosis, medical management and medicines as published by the Council for Medical Schemes. An additional 18 conditions are covered as Prescribed Minimum Benefits (PMB), where the medical management and medicines are also covered from Scheme benefits. Non-CDL chronic conditions are those additional conditions that Bestmed provides chronic medicine cover for. Authorisation for CDL, PMB and non-CDL chronic medicines is subject to clinical funding guidelines and protocols, formularies and Designated Service Providers (DSPs) where applicable. Approved CDL and PMB chronic medicines are covered without an annual financial limit while non-CDL chronic medicines are subject to an annual financial limit. Below is the list of CDL, PMB and non-CDL conditions that Bestmed covers on the various benefit options.

	BEAT1	BEAT2	BEAT3	BEAT4	PACE1	PACE2	PACE3	PACE4	RHYTHM1 & 2
<b>Number of non-CDL conditions</b>	0	0	5	9	7	20	20	29	0
<b>Reimbursement for CDL &amp; PMB</b>	100% of Scheme tariff								
<b>Reimbursement for non-CDL</b>	N/A	N/A	80%	90%	90%	90%	90%	100%	N/A
<b>Non-formulary co-payment for CDL and PMB conditions</b>	30%	30%	30%	20%	25%	20%	15%	10%	30%
<b>Formulary co-payment for non-CDL conditions</b>	N/A	N/A	20%	10%	10%	10%	10%	0%	N/A
<b>Non-formulary co-payment for non-CDL conditions</b>	N/A	N/A	30%	20%	25%	20%	15%	10%	N/A

### CDL

CDL	Condition	BEAT1	BEAT2	BEAT3	BEAT4	PACE1	PACE2	PACE3	PACE4	RHYTHM1 & 2
CDL 1	Addison disease	✓	✓	✓	✓	✓	✓	✓	✓	✓
CDL 2	Asthma	✓	✓	✓	✓	✓	✓	✓	✓	✓
CDL 3	Bipolar disorder	✓	✓	✓	✓	✓	✓	✓	✓	✓
CDL 4	Bronchiectasis	✓	✓	✓	✓	✓	✓	✓	✓	✓
CDL 5	Cardiac failure	✓	✓	✓	✓	✓	✓	✓	✓	✓
CDL 6	Cardiomyopathy	✓	✓	✓	✓	✓	✓	✓	✓	✓
CDL 7	Chronic obstructive pulmonary disease (COPD)	✓	✓	✓	✓	✓	✓	✓	✓	✓
CDL 8	Chronic renal disease	✓	✓	✓	✓	✓	✓	✓	✓	✓
CDL 9	Coronary artery disease	✓	✓	✓	✓	✓	✓	✓	✓	✓
CDL 10	Crohn disease	✓	✓	✓	✓	✓	✓	✓	✓	✓
CDL 11	Diabetes insipidus	✓	✓	✓	✓	✓	✓	✓	✓	✓
CDL 12	Diabetes mellitus type 1	✓	✓	✓	✓	✓	✓	✓	✓	✓
CDL 13	Diabetes mellitus type 2	✓	✓	✓	✓	✓	✓	✓	✓	✓
CDL 14	Dysrhythmias	✓	✓	✓	✓	✓	✓	✓	✓	✓
CDL 15	Epilepsy	✓	✓	✓	✓	✓	✓	✓	✓	✓
CDL 16	Glaucoma	✓	✓	✓	✓	✓	✓	✓	✓	✓
CDL 17	Haemophilia	✓	✓	✓	✓	✓	✓	✓	✓	✓
CDL 18	HIV/AIDS	✓	✓	✓	✓	✓	✓	✓	✓	✓

		BEAT1	BEAT2	BEAT3	BEAT4	PACE1	PACE2	PACE3	PACE4	RHYTHM1 & 2
CDL 19	Hyperlipidaemia	√	√	√	√	√	√	√	√	√
CDL 20	Hypertension	√	√	√	√	√	√	√	√	√
CDL 21	Hypothyroidism	√	√	√	√	√	√	√	√	√
CDL 22	Multiple sclerosis	√	√	√	√	√	√	√	√	√
CDL 23	Parkinson disease	√	√	√	√	√	√	√	√	√
CDL 24	Rheumatoid arthritis	√	√	√	√	√	√	√	√	√
CDL 25	Schizophrenia	√	√	√	√	√	√	√	√	√
CDL 26	Systemic lupus erythematosus (SLE)	√	√	√	√	√	√	√	√	√
CDL 27	Ulcerative colitis	√	√	√	√	√	√	√	√	√
<b>NON-CDL</b>										
non-CDL 1	Acne - severe			√	√	√	√	√	√	
non-CDL 2	Allergic rhinitis			√	√	√	√	√	√	
non-CDL 3	Alzheimer disease						√	√	√	
non-CDL 4	Ankylosing spondylitis						√	√	√	
non-CDL 5	Attention deficit disorder/Attention deficit hyperactivity disorder (ADD/ADHD)			√	√	√	√	√	√	
non-CDL 6	Autism						√	√	√	
non-CDL 7	Blepharospasm									√
non-CDL 8	Collagen diseases						√	√	√	
non-CDL 9	Dermatomyositis						√	√	√	
non-CDL 10	Dystonia									√
non-CDL 11	Eczema			√	√	√	√	√	√	
non-CDL 12	Gastro-oesophageal reflux disease (GORD)				√		√	√	√	
non-CDL 13	Gout prophylaxis				√	√	√	√	√	
non-CDL 14	Hypopituitarism									√
non-CDL 15	Major depression*				√	√	√	√	√	
non-CDL 16	Migraine prophylaxis			√	√	√	√	√	√	
non-CDL 17	Motor neuron disease									√
non-CDL 18	Neuropathy						√	√	√	
non-CDL 19	Obsessive-compulsive disorder				√		√	√	√	
non-CDL 20	Osteoarthritis						√	√	√	

\* Approved medicine claims will continue to be paid from Scheme risk once the non-CDL limit is depleted.

		BEAT1	BEAT2	BEAT3	BEAT4	PACE1	PACE2	PACE3	PACE4	RHYTHM1 & 2
<b>non-CDL 21</b>	Osteoporosis						√	√	√	
<b>non-CDL 22</b>	Paget disease of the bone						√	√	√	
<b>non-CDL 23</b>	Polyarteritis nodosa								√	
<b>non-CDL 24</b>	Psoriatic arthritis								√	
<b>non-CDL 25</b>	Psoriasis						√	√	√	
<b>non-CDL 26</b>	Urinary incontinence						√	√	√	
<b>non-CDL 27</b>	Scleroderma								√	
<b>non-CDL 28</b>	Sjögren's disease								√	
<b>non-CDL 29</b>	Trigeminal neuralgia								√	

### PMB

<b>PMB 1</b>	Aplastic anaemia	√	√	√	√	√	√	√	√	√
<b>PMB 2</b>	Benign prostatic hyperplasia	√	√	√	√	√	√	√	√	√
<b>PMB 3</b>	Cerebral palsy	√	√	√	√	√	√	√	√	√
<b>PMB 4</b>	Chronic anaemia	√	√	√	√	√	√	√	√	√
<b>PMB 5</b>	COVID-19	√	√	√	√	√	√	√	√	√
<b>PMB 6</b>	Cushing disease	√	√	√	√	√	√	√	√	√
<b>PMB 7</b>	Endometriosis	√	√	√	√	√	√	√	√	√
<b>PMB 8</b>	Female menopause	√	√	√	√	√	√	√	√	√
<b>PMB 9</b>	Fibrosing alveolitis	√	√	√	√	√	√	√	√	√
<b>PMB 10</b>	Graves disease	√	√	√	√	√	√	√	√	√
<b>PMB 11</b>	Hyperthyroidism	√	√	√	√	√	√	√	√	√
<b>PMB 12</b>	Hypophyseal adenoma	√	√	√	√	√	√	√	√	√
<b>PMB 13</b>	Idiopathic thrombocytopenic purpura	√	√	√	√	√	√	√	√	√
<b>PMB 14</b>	Paraplegia/quadruplegia	√	√	√	√	√	√	√	√	√
<b>PMB 15</b>	Polycystic ovarian syndrome	√	√	√	√	√	√	√	√	√
<b>PMB 16</b>	Pulmonary embolism	√	√	√	√	√	√	√	√	√
<b>PMB 17</b>	Stroke	√	√	√	√	√	√	√	√	√

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#### CLIENT SERVICES

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#### ESCALATIONS

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#### BESTMED DSP PHARMACIES

Please refer to the Bestmed website, [www.bestmed.co.za](http://www.bestmed.co.za), for network pharmacies in your area.

#### ONCOLOGY CARE PROGRAMME

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#### COMPLAINTS

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(Subject box: Manager, escalated query)  
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Pretoria, Gauteng, 0001

#### CMS ESCALATIONS

Should an issue remain unresolved with the Scheme, members can escalate to the Council for Medical Schemes (CMS) Registrar's office:

Fax Complaints: 086 673 2466.

Email Complaints: [complaints@medicalschemes.co.za](mailto:complaints@medicalschemes.co.za)

Postal Address:  
Private Bag X34, Hatfield, 0028

Physical Address:  
Block A, Eco Glades 2 Office Park,  
420 Witch-Hazel Avenue, Eco Park,  
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#### REGIONAL OFFICES

##### Pretoria (Head Office)

Tel: +27 (0)86 000 2378  
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##### Cape Town

Please consult [www.bestmed.co.za](http://www.bestmed.co.za) for the Cape Town office details.

##### Durban

Please consult [www.bestmed.co.za](http://www.bestmed.co.za) for the KZN office details.

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