

# 2025

2024/2025



Sunscreens and  
vitamins (OTC)

**bestMed**  
personally yours

## Sunscreens and Vitamins OTC

- This formulary is applicable to Beat4, Pace1, Pace2, Pace3, Rhythm1 and Rhythm2 and is limited to the annual OTC limit per family.
- MRP is a reference pricing model applicable to all products with generic equivalents or biosimilars. MRP sets a maximum reimbursable price for a list of generically similar or biosimilar products with a cost lower than that of the original product.
- This list is subject to change without notice.

### Vitamin B

NAME	NAPPI CODE
ABSOLUTE B CAPS	722758001
B-COMPLEX	702431003
GULF VITAMIN B CO SYRUP	704402001
NEUROBION TABS	746916020
REVITE SUPER B PLUS TABS	884925004
VF NUTRI-B BPR	833215019
VITAL VIT B CO HP	813451027
VITAMIN B CO BROWN TABS	723558003
VITAMIN B CO SYRUP	799203026
VITAMIN B CO TABS	799165018
VITAMIN B COMPLEX TABLETS	715461001
VITAMIN BCO TABS	721772003
VITAMIN B-COMPLEX	896892007

### Vitamin B12

NAME	NAPPI CODE
A-LENNON VIT B12 1000MCG 1ML	776548018

### Vitamin B & C

NAME	NAPPI CODE
BEROCCA BOOST EFF	714383003
BEROCCA EFF TABS	892573018
BEROCCA TROPICAL EFF	704604003

### Vitamin C

NAME	NAPPI CODE
ASCORBIC ACID 100MG TABS	713192003
ASCORBIC ACID 250MG TABS	877522006
ASCORBIC ACID 500MG TABS	798487003
BETTAWAY CHILDRENS OWN CHEW	856819018
BETTAWAY MEGA C 1000MG	818038004
BETTAWAY MEGA C1000 FIZZI TABS	722747001
CAL-C-VITA EFF TABS	711551057
CAL-C-VITA IMMUNE PROTECT	705373003

FIZZ-C 1000MG	707911001
VITA C SELECT BUFFERED C TABS	712765001
VITAL MAXI-VITAMIN C TABS	714606001
VITAL VIT C CHEW CHERRY	811335003
VITAL VIT C CHEW ORANGE	828386005
XTREME C 500MG TABS	723007001

## Iron supplements

NAME	NAPPI CODE
ASTYFER CAPS	715834001
AUTRIN CAPS	705853004
BIDOMAK FE TONIC	833797027
EEZY-FER CAPS	711561001
FEROFOL CAPS	710642001
FERROUS FORTE CHEL IRON	893031005
FERROUS SULPHATE 100MG TABS	723814001
IRON-AID COMPLETE	702453003

## Magnesium

NAME	NAPPI CODE
REVITE MAGNESIUM SR TABS	840521006
SLOW-MAG 450MG CAPS	700472003
SLOW-MAG 535MG CAPS	764418009

## Magnesium and Zinc

NAME	NAPPI CODE
ULTIMAG TABS	773468021

## Multivitamins

NAME	NAPPI CODE
ACTIVOVITE PRO4 CAPS	716625001
ACTIVOVITE TABS	714374001
ACTORVIT KIDDY SYRUP	717225001
ALL YOU NEED MEN 20-50 CAPS	716706001
ALL YOU NEED MEN AGES 50+ CAPS	716703001
ALL YOU NEED WOMEN AGES 20-50	716705001
ALL YOU NEED WOMEN AGES 50+	716700001
ALLVIT + M CAPS	838195008
BESTUM MULTINUTRIENT TABS	704088001
BETAVIT AFR CAPS	789895005
BIOBALANCE ALL IN ONE VITAMIN	719157001

BIO-T PROBIOTIC + MULTI-VITAMIN	717325001
BRAIN CHILD MULTIVITAMIN TABS	712803002
CENTRUM KIDS CHEW	716223001
CHOCATON SYRUP	714259005
CIPLATON CAPS	865214018
CIPLATON MAXI BOOST EFF TABS	709921001
CIPLATON SYRUP	710779001
CLICKS EYE HEALTH TABS	720021001
GULF MULTIVITAMIN SYRUP	704403001
GUMMY VITES MULTIVIT CHEWS	701791001
IMMUNOVANCE CAPS	708209002
JUNGLEVITES CHEW	787604003
MAXIVIT 25 CAPS	707956001
MINAMINO CAPS	861251008
MULTIVITAMIN RED	721660001
MULTIVITAMIN SYRUP	799181005
MULTIVITAMIN TABS	799173002
OCUVITE COMPLETE CAPS	717424001
OCUVITE LUTEIN CAPS	870218026
PHARMATON FIZZY EFF TABS	705951002
PHARMATON PROACTIVE TABS	708609001
PHARMATON SA CAPS	754641007
PIKOVIT SYRUP	717737001
PLUSSSZ MULTIVITAMIN + VITAMIN	716365001
STAMINOGRO TABS	702867009
SUPRADYN RC LEMON	852511027
SUPRADYN RC ORANGE	852538014
TURBOVITE CAPS	873411005
VASCAMEN TABS	700911001
VIDAYLIN PLUS IRON DROPS	854581006
VIDAYLIN SOL	835196003
VIDAYLIN SYRUP	776181009
VIRALMED VITA-G EFF TABS	3000742001
VITAL DOLOMITE TABS	821403001
VITAL KIDSTIME CHILDREN CHEW	701390001
VITAL MULTITIME FOR HAIR AND SKIN	895641006
VITAL MULTIVITAMIN CAPS	720954001
VITAMINO SYRUP	718729001
ZINPLEX FORTE TABS	705118001
ZINPLEX JUNIOR WITH SUGAR 10MG SYRUP	711076001
ZINPLEX JUNIOR WITH SUGAR 5MG SYRUP	711075001
ZINPLEX PAEDIATRIC SYRUP	705119001
ZINPLEX TABS	857947001

## Omega

NAME	NAPPI CODE
VITAL OMEGA 3	703115001
VITAL OMEGA 3 & 6 & 9 CAPS	3000035002
VITAL OMEGA 3 & 6 CAPS	703116001

## Sunscreen

NAME	NAPPI CODE
BABY & KIDS XERODERM SPF40 CREAM	716531001
EVERYSUN AQUA SPF10	828815003
EVERYSUN AQUA SPF30	875260004
EVERYSUN AQUA SPF50	828807019
EVERYSUN SUNBL SPF30	861774019
EVERYSUN UV BL H2O RES SPF30	839671008
EVERYSUN UV BL OIL FREE SPF30	839698003
EVERYSUN UV BLOCK W/R SPF16	828866007
PHOTODERM MAX SPF 50+ CREAM	718569001
SEBAMED BABY MULTI PROTECT 50+	3000419001
SOLACE KIDDIES ON THE GO SPF 30	713263001
SOLACE KIDDIES SPF 35 SPRAY	713259001
SOLACE SUN SPORT ON THE GO SPF	713262001
SOLACE SUN SPORT SPF 30 SPRAY	713261001
SOLACE SUNSCREEN PREMIUM KIDS	723750001
SOLACE SUNSCREEN SPF 40 SPRAY	713258001
TROPITONE BABIES SPF40	859206009
TROPITONE DAY TO DAY SPF25	859338002
TROPITONE KIDS BUBBLEGUM SPF30	873470001
TROPITONE KIDS TUTTI SPF30	873462009
TROPITONE SPF20	859214028
TROPITONE SPLASH SPF30	859303004
TROPITONE SPLASH SPF8	859249018
TROPITONE SPORT GEL SPF40	859311007
TROPITONE SPRAY SPF15	859230007
TROPITONE SPRAY SPF30	859346005
TROPITONE WATER BABIES SPRAY	859184013
XERODERM SPF30 CRM	722097001
XERODERM SPF30+ WATERPROOF	700222003
XERODERM SPF40 CRM	722098001

## Zinc

NAME	NAPPI CODE
VITAL ZINC TABS	799386006



-  **086 000 2378**
-  **service@bestmed.co.za**
-  **068 376 7212**
-  **012 472 6500**
-  **www.bestmed.co.za**
-  **Bestmed Medical Scheme**
-  **Bestmed Medical Scheme**

#### **HOSPITAL AUTHORISATION**

Tel: 080 022 0106  
Email: [authorisations@bestmed.co.za](mailto:authorisations@bestmed.co.za)

#### **CHRONIC MEDICINE**

Tel: 086 000 2378  
Email: [medicine@bestmed.co.za](mailto:medicine@bestmed.co.za)  
Fax: 012 472 6760

#### **CLAIMS**

Tel: 086 000 2378  
Email: [service@bestmed.co.za](mailto:service@bestmed.co.za) (queries)  
[claims@bestmed.co.za](mailto:claims@bestmed.co.za) (claim submissions)

#### **MATERNITY CARE**

Tel: 012 472 6797  
Email: [maternity@bestmed.co.za](mailto:maternity@bestmed.co.za)

#### **WALK-IN FACILITY**

Block A, Glenfield Office Park,  
361 Oberon Avenue, Faerie Glen,  
Pretoria, 0081, South Africa

#### **POSTAL ADDRESS**

PO Box 2297, Arcadia,  
Pretoria, 0001, South Africa

#### **NETCARE 911**

Tel: 082 911  
Email: [customer.service@netcare.co.za](mailto:customer.service@netcare.co.za) (queries)

#### **INTERNATIONAL MEDICAL TRAVEL INSURANCE (EUROP ASSISTANCE)**

Tel: 0861 838 333  
Claims and emergencies: [assist@europassistance.co.za](mailto:assist@europassistance.co.za)  
Travel registrations: [bestmed-assist@linkham.com](mailto:bestmed-assist@linkham.com)

#### **PMB**

Tel: 086 000 2378  
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#### **COMPLAINTS**

Tel: +27 (0)86 000 2378  
Email: [escalations@bestmed.co.za](mailto:escalations@bestmed.co.za) or  
(Subject box: Manager, escalated query)  
Postal address:  
PO Box 2297,  
Pretoria, Gauteng, 0001

#### **CMS ESCALATIONS**

Should an issue remain unresolved with the Scheme, members can escalate to the Council for Medical Schemes (CMS) Registrar's office:

Fax Complaints: 086 673 2466.

Email Complaints: [complaints@medicalschemes.co.za](mailto:complaints@medicalschemes.co.za)

Postal Address:  
Private Bag X34, Hatfield, 0028

Physical Address:  
Block A, Eco Glades 2 Office Park, 420 Witch-Hazel Avenue, Eco Park, Centurion, 0157

#### **BESTMED HOTLINE, OPERATED BY KPMG**

Should you be aware of any fraudulent, corrupt or unethical practices involving Bestmed, members, service providers or employees, please report this anonymously to KPMG.

**Hotline:** 080 111 0210 toll-free from any Telkom line

**Hotfax:** 080 020 0796

**Hotmail:** [fraud@kpmg.co.za](mailto:fraud@kpmg.co.za)

**Postal:** KPMG Hotpost, at BNT 371,  
PO Box 14671, Sinoville,  
0129, South Africa