



## Tempo partner biokineticists

Biokineticist name	Contact number	Email address	Location
<b>Gauteng</b>			
Nadine Odette Harding	011 425 1800	Nadine.harding.7@gmail.com	Dalrymple Street, North Mead, Ext 3, Johannesburg, GP
Liesl Oosthuizen	016 428 5949	Liesloosthuizen@xsinet.co.za	9 Daffodil, Acornpark, Vereeniging, GP
Zelda Lamprecht	083 504 3552	Info@zeldabiokineticus.co.za	Medwell SA, 244 Jean Avenue, Centurion, Pretoria, GP
CD Liebel	012 653 5115	Liebel@mweb.co.za	424 Theuns Van Niekerk, Wierdapark Ex 2, Centurion, Pretoria, GP
Lara Leech	011 475 2840	Larabiokinetics@gmail.com	Mayo 9, First Floor, C/O William Nicol & Joseph Lister, Constantia Kloof, Johannesburg, GP
Wood P and Nolte K	012 420 6033	Accounts@semli.co.za	HPC Main Building Hillcrest Campus, Burnett Street, Hatfield, Gauteng, GP
Yolande van Vuuren	071 683 2706	Yolandevanvuuren@gmail.com	5 Wattle Street, Primrose, GP
Heunis I & Richard I	084 283 3067	Lizaan.heunis@gmail.com	330 Booysen Street, Les Marais, Pretoria, GP
Gail Louw	082 953 9372	Gail.fititude@gmail.com	14,24th Street, Menlo Park, Pretoria, GP
Jaco von Abo	012 997 4308	Jaco.vonabo@gmail.com	758 Swavel Street, Wingate Park, Gauteng, Pretoria, GP
Jolene Booyens	082 483 2545	Bbiokinetics@gmail.com	740 Codonia Street, Waverley, Pretoria, GP
Esti van Rooyen	082 803 7028	Estidelport@gmail.com	517 Jacqueling Drive, Garsfontein, GP
Rodger Trent	082 886 7602	S.dunbar.physio@absamail.co.za	The Yard, Corner PF William Nicol and Leslie, Magaliessig, Fourways, GP
Marilie Lombard	012 346 1559	MLbiokinetics@gmail.com	Cnr Skilpad And Okapi Street, Monument Park, Pretoria, GP
Anel Odendaal	072 456 2117	Bio@aobiokinetics.com	14 Blackberry Street, Zwartkop X4, Centurion, GP
Nicholas Evdemon	072 419 1889	Nick.biokinetics@gmail.com	566 Vuurkup Street, Pretoria, GP
Jean-mari de Clercq	012 991 7080	Jdcbiokinetics@gmail.com	Solomon Mahlangu Dr & Haymeadow Cres, Faerie Glen, Pretoria, GP
Dr Susan de Beer	082 940 7194	Biopractice.susan@gmail.com	704 Lassie Street, Garsfontein, Pretoria, GP

## Gauteng continued

Jan du Toit	072 852 9296	Biokinetics.midstream@outlook.com	1 Madeleine Street, Retire@Midstream Building, Midstream Medical Centre, GP
Chrisna Oosthuizen	012 333 5710	Mwpchm@mweb.co.za	45 Soutpansberg Road, Riviera, GP
Carle Viljoen	073 280 8001	Viljoenbios@gmail.com	Crossfit Durabo, 33 View Point Road, Boksburg, GP
Nicolien Meyer	071 460 6209	Nicolien_brink@hotmail.com	301 Issie Smuts Street, Garsfontein, Pretoria, GP
Kristen Marais	084 425 1972	Kristenmarais2@gmail.com	96 Jean Avenue, Pretoria, GP
Aqeela Chouglay	084 432 0839	Aqeelachouglay@gmail.com	16 Allen Street, Bardene, Boksburg, GP
Gino Alho	071 458 2944	Ginobio.hfh@gmail.com	237 Grysvalk Walk, Celtisdal, Centurion, GP
Gareth Reynolds	012 993 1207	Greynolds.bio@gmail.com	L'Corro Shopping Centre, Cnr 14th Ave and Bagley Terrace, Fairlands, GP
Kerry Wahl	079 952 7867	Info@kwbio.co.za	NHC Medical and Dental Centre, Honeydew, Cnr Christiaan De Wet And Blueberry Street, Honeydew, GP
Chanel Smith	076 426 7313	Chanel.nel.smith@gmail.com	21 Wilkinson Street, Kilner Park, GP
Enda Serfontein	082 729 8034	Biokinetics@csbrehab.co.za	Irene Village Care, Irene Corporate Corner, 21 Via Latina Crescent, Irene, Centurion, GP
Amy Putter	079 850 6184	Amy@peakwellness.co.za	Hazeldean Office, Structure Building Ground Floor, Silverlakes Road, Pretoria East, GP
Rochelle Louw	072 193 6897	Shelly@louw2highwellness.co.za	262 Piet Hugo Street, Wierda Park, GP
Danielle de Pinho	072 938 5669	Admin@bodiessey.co.za	17 Jagluiperd Street, Leopards Den, Pretorius Park, GP
Ashley Moolman	073 179 3224	Moolman.ashley@gmail.com	Office 1, Randridge Mall, Cnr John Vorster and Kayburn Avenue, Johannesburg, GP
Shivesh Daya	076 401 3133	Shiveshdaya@gmail.com	25 Minerva Ave, Planet Fitness, Glenadrienne, Sandton, GP
Charne van Rooyen	071 304 0747	Charnyxs8@gmail.com	60 Glenwood Rd, Lynnwood Glen, Pretoria, GP
Marizel Leibbrandt	072 777 5608	Marizel.bio@gmail.com	59 Boerneef Avenue, Johannesburg, GP
Bresler-Moore I and Geyser K	061 535 3522	Bmgbios@gmail.com	Loftus Virgin Active, Shop B01, Loftus Park, Cnr Kirkness and Park Street, Pretoria, GP
Charne Botha	012 348 3460	Cbbiokin@gmail.com	82 Paprika Avenue, Pretoria, GP
Pheladi Phillian Sekgala	012 943 0655	Nnanspace@gmail.com	Cnr Johnson Street and Kenneth Street, Pretoria, GP
Jurisa Joubert	084 819 9974	Info@jurisabiokinetics.co.za	96 Malpensa Crest, Centurion, GP
Gerhardus Ambrosius	011 811 5853	Newlife@netactive.co.za	10 Newhouse Street, Springs, GP
Shani Roets	071 672 3061	Shaniroets01@gmail.com	Cnr Watermeyer and Oniida Street, Watermeyer Park, Pretoria, GP
Elreze van Kradenburg	071 643 5671	Elreze.bio@gmail.com	73 Linksfield Road, Johannesburg, GP
Chanel Khan	081 384 3995	Chanelkhanbiokinetics@gmail.com	390 Yukon Avenue, Pretoria, GP
Berne Strydom	062 238 6057	Biokineticist.sr@gmail.com	1016 Martha Avenue, Centurion, GP
Saskia Nieuwenhuis	073 178 7275	Saskianieuwenhuis9@gmail.com	Shop 22, Glen Village North Shopping Centre, Corner Of Solomon Mahlangu And Olympus Drive, Pretoria, GP
Shannon MC Intyre	072 879 5416	Shannonmcintyre16@gmail.co.za	5 Ann Road, Johannesburg, GP
Tlangelani Mavunda	065 917 0617	Tlangelanimavunda@gmail.com	118 Heinrich Ave, Karenpark, Akasia, GP
Tammy-lee Meizli	014 592 3424	Tammyleemeizli@gmail.com	Westways Shopping Center, 200 Ouklip Avenue, 1st Floor, Room 7, Helderkruijn, GP

## KwaZulu-Natal

Thanujj Kisten	081 409 0949	Travinok@gmail.com	The Pavillion Shopping Mall, Virgin Active, KZN
Kiruben Naicker	031 502 7369	Kiruben76@yahoo.com	Life Mount Edgecombe Hospital, Suite 7b, Annexe A, 163-169 Redberry Dr, Phoenix, Durban, KZN
Donavan Pillai	083 784 3971	Donavan@dpmio.co.za	Getfit Fitness Centre 20 Buckingham Terrace, Westville, Durban, KZN
Thasmae Chetty	031 563 3530	Dbn.bio@gmail.com	32 Kharwa Road, Kharwastan, Durban, KZN
Trevor Hutton	035 789 1564	Hutton.bio@gmail.com	3 Lira Link Care Doc Medical Centre, Richards Bay, KZN
Mohamed Khan	039 976 0101	Admin@mrkbios.co.za	46 Miller Avenue, Park Rynie, KZN
Dwain Swiegers	032 815 2704	Sixtys369@gmail.com	No 4 Mini Street, Hutten Heights, Newcastle, KZN
Debbi Muller	074 603 2355	Debbiem.bio@gmail.com	Creston College, KA Fitness Centre, Hillside Crescent, Oslo Beach, KZN
Dr Zingisa Nyawose	073 976 5901	Zingisanqwena@gmail.com	Durdoc Medical Centre, Suite 1201 12th Floor, 460 Anton Lembede Str, Durban, KZN
Mondli Linda	035 789 6504	Mondli.bio.acc@gmail.com	Virgin Active, 19 Liira Link, Richards Bay, KZN
Yasteel Dass	031 201 2576	Yasteel@gmail.com	Virgin Active, Hillcrest Corner, 57 Old Main Road, Hillcrest, KZN
Dennison and Olivier Biokineticists Inc	082 442 5559	Alysha@adbiokineticists.com	Westville Mall Virgin Active, C/O Buckingham Terrace & Menston Road, Westville, KZN
Sakeenah Ismail	078 656 1280	Sakeenah2910@gmail.com	248 Vause Road, Musgrave, Durban, KZN
Laralyn Lenice Naidoo	082 907 9848	Lenice.naidoo@gmail.com	19 The High Street, Medstone Medical Centre, Durban, KZN
Lechay Moodley	071 885 7270	Lechaymoodley@gmail.com	19 The High Street, Suite 310 Medstone Medical Centre, Durban, KZN
Kyle Sheldon Arumugam	078 069 3797	Kylea430@gmail.com	Suite 310, 19 The High Street, Durban, KZN
Chandricha Juggath	069 829 5660	Mishkajuggath.bio@gmail.com	18 Musgrave Road, Musgrave Park, Musgrave, Durban, KZN
Luke Richardson	072 752 8124	Lukethebio@gmail.com	19 The High Street, Medstone Medical Centre, Suite 310, Umhlanga Ridge, KZN
Tiaan Petzer	072 310 0453	Tiaanpetzer4@gmail.com	Unit 219 Central Office Park, 217 Boom Street, Pietermaritzburg, KZN

## Limpopo

Leo-ne du Preez	015 781 3817	Xhcentre@gmail.com	Opposite 47, Sealene Street, Phalaborwa, LP
Rembuluwani Ndou	076 879 9786	Ndourembuluwani5@gmail.com	House No 1107, Tshikota Location, Makhado, LP
Nthuseni Nemaangani	071 270 4144	Uyakonathusi@gmail.com	NHC Health Centre, Thoyandou, LP
Natasha Ganho	015 307 6263	Natasha@biokineticus.co.za	2 Fish Eagle Str, Golden Acres. Waterfront Estate, Aqua Park, Tzaneen, LP
Sthembiso Mazibuko	079 278 6368	Sthembisomazibuko15@gmail.com	63a Plain Street, Polokwane, LP

## Eastern Cape

Du Randt and Grenfell Inc	041 504 2603	Biokineticsadmin@mandela.ac.za	Human Movement Science South Campus, Nelson Mandela University, Summerstrand, Port Elizabeth, EC
Areta Potgieter	041 373 1194	Aretabio@iburst.co.za	Health Centre, 219 Cape Road, Mill Park, Port Elizabeth, EC
Damian Zealand	041 363 5835	Dvzeal@gmail.com	23 Pickering Street, Newton Park, EC

## Western Cape

Danel van Pletzen	083 608 2334	Dvp.bio@gmail.com	C/O Hospital & Breda Street, Paarl, Cape Town, WC
Loreen Winton	021 683 1744	Loreenwinton@gmail.com	Body Excel Gym, Wynberg Boys High School, Wynberg, WC
Leri van Wyk	076 312 8137	Lerivw.bio@gmail.com	Cardiozone Gym, Tuinroete Gebou, Von Manger Street, Swellendam, WC
Sonja Slabbert	078 312 2226	Sonjabio707@gmail.com	8 Rookan Smith Street, Sable Office Park, Cnr Louis Fourie Road, Mossel Bay, WC
Nadus Nieuwoudt	082 900 2318	Ecas.biokineticist@gmail.com	Unit 13, Tanzanite Crescent, Stonewood Business Park, Durbanville, WC
Prof Johannes Blaauw	021 852 7148	Accounts@blaauwandpartners.co.za	1 Rue De Jaqueline, Somerset West, Cape Town, WC
Ugan Iosias	073 953 2415	Uganjosias@gmail.com	16 Kamp Street, Mabelle Park, Kuils River, Cape Town, WC
Brendon Marais	072 876 0750	Info@bmbio.co.za	Ignitefitness Gym, Centre Point Shopping Centre, Loxton Road, Cape Town, WC
Arno Moolman	044 690 5036	Fs.biokinetics@gmail.com	60 Da Gama Street, Mossel Bay, WC
Karla van Dyk	072 179 2266	Kvdbiokineticist@gmail.com	21 Denne Street, Kuils River, Cape Town, WC
Anina Graham	041 450 2530	Anina.graham@agbiokineticist.co.za	46th Sixth Avenue, Walmer, Gqeberha, WC
Rone Grobbelaar	083 357 5424	Info@rgbio.co.za	Swim Hub - Sirocco Drive Off Pinehurst Drive, Pinehurst, Durbanville, Cape Town, WC
Petrus Breytenbach	044 870 7700	Pieter.breytenbachbio@gmail.com	1a Witfontein Way, Heather Park, WC
Etienne Esterhuizen	087 551 2495	Etienneesterhuizen14@gmail.com	Block A Plum Park, 4 St Clair Road, Plumstead, Cape Town, WC
Lenka Strydom	079 900 2985	Lenka.strydom.bio@gmail.com	4 Herold Street, Stellenbosch, WC
Chiquita Foster	083 680 2394	Chiquita@smartwellness.biz	8 Park Road, Durbanville, Cape Town, WC
Natalia Ferreira	081 326 4358	Nataliaferreirabiokinetics@gmail.com	Room 102 N1 City Medical Chambers, 1 Syfred Douglas Street, Goodwood, Cape Town, WC
Anzele Schnettler	072 407 5784	Stilbaai.bio@gmail.com	MFC Gym And Fitness Studio, 8 Van Riebeeck Street, Stilbaai, WC
Rone Grobbelaar Biokineticists Incorporated	083 357 5424	Info@rgbio.co.za	68 De Bron Avenue, Durbanville, WC
Maria Pulinckx	021 439 8898	Maria.pulinckx@gmail.com	76 Regent Road, Suite 307, Cape Town, WC

## Northern Cape

Ansone Hugo	083 732 7708	Admin@ahbio.co.za	Virgin Active, Cnr Waterworks And Jacobus Smit Ave, Kimberley, NC
Melanie Botha	082 451 9305	Melanie@mbbio.co.za	7 Cronin Road, Kestellhof, Kimberley, NC

## Mpumalanga

Dollien Naude	082 842 0224	Dollien.naude@gmail.com	96 De Bruin Street, Ermelo, MP
Harry Wiltshire	013 741 1820	Biokinetics@lowmed.co.za	Orange Street 30, Lowmed, Macadamia, Nelspruit, MP
Lee-ann Nieuwoudt	071 689 3913	Lnieuwoudt.biokinetics@gmail.com	Room 102, Rubicon, Medical Centre, 33 Geringer Street, Witbank, MP
Ruben Fourie	083 282 7595	Rubenfourie13@gmail.com	28 Joubert Street, Middelburg, MP
Elani Gerber	076 661 2401	Elanigerberbiokinetika@gmail.com	1 Mac Street, Piet Retief, MP
Hannelie Jurgens	083 967 8992	Hfitbio@gmail.com	C/O Enos Mabuza & Madiba Drive, Westend Shopping Centre, Re:Boot Health And Fitness, Nelspruit, MP
Rhulani Mabunda	063 359 3038	Rhmabunda@outlook.com	1 Joubert Street, Ermelo, MP
Narine Victor	072 424 2134	Narineoneill67@gmail.com	122 Danie Theron Street, Shop 7, Secunda, MP

## Free State

Wall CM	051 444 5283	Accounts@marynawessels.co.za	7 Thompson Road, Westdene, Bloemfontein, FS
Welmarie van Niekerk	072 120 5246	Welmarievniekerk@gmail.com	57 Brill Street, Westdene, Bloemfontein, FS
Trevor Marais	083 793 3522	Trevormaraisbio@outlook.com	Virgin Active, 28 Meulen Street, Welkom, FS
Lelanie Janse van Rensburg	076 207 5620	Info@lelaniejvr-biokineticist.co.za	12 Kalkoentjie Crescent, Bloemfontein, FS
Willem Naude	064 755 9772	Williebiokinetics@gmail.com	Free State Stadium, Att Horak Ave, Bloemfontein, FS
C Vermeulen	051 444 5283	Carlienvermeulen@gmail.com	07 Thomson Road, Bloemfontein, FS

## North West

Joanita Smit	082 049 5536	Joanitasmitbio@gmail.com	132 Steve Biko, Bult, Potchefstroom, NW
Adele Mcdonald	018 468 4761	Adelefit@lantic.net	40 Flamwood Avenue, Flamwood, NW
Anelda Hartung	073 624 4554	Aneldand@gmail.com	Wellness Corporate Park, Block G, Beethoven Street, Hartbeespoort, NW
Cornelis Leijenaar	082 440 5874	Cor.leijenaar@nwu.ac.za	Building K21, 72 Thabo Mbeki Way, Fanie Du Toit Sporting Fields, NWU, NW
Danielle Luyt	083 508 7432	Danielleluyt95@gmail.com	Shop 42 Ifafi, Die Ou Wapad, Ifafi Center, Hartbeespoort, NW
Richelle Schulenburg	079 039 3996	Info@sbio.co.za	S & B Biokineticists, 49 Noord Street, Koster, NW
Jayson Clancy	051 410 1666	1154877.jcb@partner4life.co.za	Planet Fitness Potchefstroom, Corner R501 And Kremetert, Vyfhoef Shopping Centre, Potchefstroom, NW